

# Welcome to the Libin Cardiovascular Institute

As part of the next generation of cardiovascular researchers, you will experience world-class mentorship, support and training during your time here.



# Get Involved



## External Speaker Series

Join us for lunch and stimulating scientific discussion and idea exchange with visiting speakers who are well-established in their fields of research. *Trainees must attend at least 80 per cent of these sessions to be eligible for scholarship opportunities.*

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## Cardiovascular Journal Club

Develop your presentation and research critiquing skills alongside your peers at this student-moderated monthly session. Each session will include a 30-minute presentation—on a recent paper relevant to the presenter’s research—from both a basic research trainee and clinical research trainee with a 30-minute group discussion to follow. Cardiovascular Journal Club is held on the first and third Thursday of each month, with lunch provided. *Trainees are expected to present at least once during the year; supervisors are expected to attend when their trainee presents.*



**Student moderator** (clinical science): Cindy Kalenga

**Student moderator** (basic science): Vacant

*Contact Judy Siu at [dsiu@ucalgary.ca](mailto:dsiu@ucalgary.ca) if you are interested in this leadership opportunity.*

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## Research Update Seminar Series (RUSS)

Open to both graduate students and postdoctoral fellows, RUSS is an opportunity for trainees to build their presentation skills, get feedback about their research and learn about the research of their peers. Sessions are held several times a month on Thursdays from October 2019 to May 2020, with lunch provided. Each session will include 20-minute presentations from two trainees with 10-minute discussions to follow. *Participation in RUSS is mandatory for all graduate programs and will be taken into account in scholarship applications.* Visit [libin@ucalgary.ca](mailto:libin@ucalgary.ca) for a full RUSS schedule.



# Upcoming Events!

## **Libin International Trainee Symposium - Research is Better with Sex & Gender - Feb. 4-5, 2020**

Join us in Banff, Alberta and get coaching and insight from world-class experts on incorporating sex and gender considerations into research planning, preparation, study design, implementation, data analysis and dissemination. There's limited space, so apply today at [libin.ucalgary.ca/traineesymposium](http://libin.ucalgary.ca/traineesymposium).

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## **Tine Haworth Cardiovascular Research Day - Spring 2020**

Showcase your cutting-edge cardiovascular research at this annual event with a poster competition and opportunity to take part in oral competition. Attend presentations by some of the Libin's brightest faculty members and be wowed by the E.R. Smith Prize winning speaker (TBA). Abstract submissions open February 2020.

**Visit [libin.ucalgary.ca](http://libin.ucalgary.ca) for more information on all Libin events**

**“Having good mentors can make all the difference between success and failure”**

**—Dr. Robert Rose, PhD, Research Director**





## Awards and Prizes

Present your work at national and international conferences and symposia and be eligible to receive Travel Awards of up to \$1,500 per year.

Receive an Excellence in Research Prize when you become a first author in a publication for the first time.

## Scholarships and Fellowships

If you are a graduate student (MSc or PhD) or a postdoctoral fellow, you are eligible for a variety of prizes and scholarships.

Do you consider sex and gender in your research? You may be eligible for a Scholarship in Women's Cardiovascular Health Research.

Visit [libin.ucalgary.ca/education/prizes-scholarships](http://libin.ucalgary.ca/education/prizes-scholarships)  
for all the details!



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